

# GOAL *Setting*

MY ONE BIG GOAL

BREAK IT DOWN TO 3 MAIN GOALS

*Goal #1*

*Goal #2*

*Goal #3*

ACTION STEPS FOR EACH GOAL

	-----
	-----
	-----
	-----
	-----

	-----
	-----
	-----
	-----
	-----

	-----
	-----
	-----
	-----
	-----

REWARDS